



HEALTHY OPTIONS MENU:

HOMEMADE GRANOLA:

Served with fresh, seasonal fruit, honey, and natural yoghurt.

POACHED EGGS ON TOAST WITH SMASHED AVOCADO:

Local farm fresh eggs, with smashed avocado on granary toast.

PORRIDGE:

Served with either Canadian maple syrup or honey.

TOASTED TEACAKE:

Served with Cornish butter and Tiptree strawberry jam.

SEASONAL FRUIT SALAD

The menu includes one of the following drinks, if you would prefer a different drink a supplement may be charged depending on the drink.

FROBISHERS ORANGE OR APPLE

POT OF TEA

SMALL COFFEE

(Latte, Cappuccino, Americano, Flat White)